



Art of Hospitality:

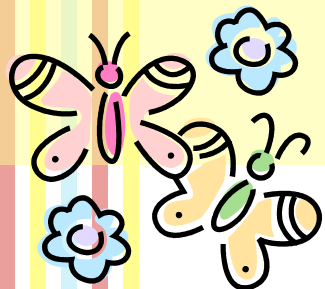
AN OPENING OF HORIZONS



The *Art of Hospitality*, a club for girls ages 13 to 17, is run out of Lyncroft Hospitality Training Centre in Toronto. The club offers a program of hospitality and cultural activities geared towards nurturing a spirit of service, doing one's work well, and true friendship. Talks are given by the club coaches on virtues and character building, and the girls are encouraged to formulate goals for self-improvement. The *Art of Hospitality* is 'an opening of horizons' as club members develop confidence, deep values, and skills for life.



One of the major activities of the club is participation at the Art of Living Conference in Boston, Massachusetts. Teen clubs similar to the AOH come from all across North America to attend the Art of Living. The AOH club girls form a team representing Canada in various competitions at the Art of Living and participate in seminars both theoretical and hands-on. The Art of Living is akin to what professionals in the hospitality industry have by way of industry competitions and conferences. Since 2006 our team has participated in the Culinary Mystery Basket, Meal to Go, Mystery Laundry Basket, and Dare to Repair Competitions, coming back with Gold, Silver and Bronze medals. In 2010 we aim to participate for the first time in the Project Gallery competition.



The coaches that run the club are young students and professionals in the field of hospitality who donate their time and effort to be role models and mentors. To make the club activities available to girls who would otherwise not be able to enjoy this experience, we try to keep the cost of the club and trips low. To do this, the club carries out fundraising events and we count on the generosity of donors and sponsors. We only charge what we need to break even.



Please help make a difference in the lives of these aspiring young girls by becoming a sponsor or donor! You can become a part of this initiative that aims to open horizons for these women of tomorrow by teaching them the value of service, team spirit, and friendship.



For more information or to discuss possibilities for sponsorship and donations, please contact Melissa Salas at (416) 506-8640 or by email at info@lyncroft.ca.