

Activities 2009-2010

First Semester:

September 12, 2009 to January 9, 2010

Club members work with coaches to develop culinary and hospitality skills to prepare for the Art of Living.

Topics covered:

- * A wide range of cooking & baking techniques;
- * Knife skills;
- * Food theory;
- * Plate presentation; and
- * Dining room and table set-up.

The semester culminates with the participation of the AOH² team in the Art of Living Conference which takes place January 15-17, 2010.

The AOH² club activities take place at Lyncroft every 2nd and 4th Saturday of the month. Club activities are held from 3:00 to 5:00 PM on club days. Advance notice is given when an activity starts earlier or ends later.

The fee per semester is \$50.

I give permission for my daughter, _____, to participate in the Art of Hospitality Teen Club. I understand that the Club will make every effort to contact parents in the event of any emergency.

However, I hereby grant permission to the organizer/s of the Club to authorize any medical/surgical treatment that may be deemed necessary in the event of an accident or illness to my daughter. I further authorize any hospital and/or medical practitioners designated by the organizer of the Club to give such treatment.

Parent's Signature: _____ Date: _____

Registration Form

Second Semester:

January 23, 2010 to June 12, 2010

The club:

- * Invites professionals from the hospitality industry to come as guest speakers;
- * Goes on "explore Canada" excursions; and
- * Tackles projects such as woodworking; laundry care & stain removal; and fashion design.
- * Works on their project "Caring for the Sick and Elderly".

The Art of Hospitality offers a program of hospitality and cultural activities geared towards nurturing a spirit of service, doing one's work well, and true friendship. Talks are given by the club coaches on virtues and character building, and the girls are encouraged to come up with goals for self-improvement. The Art of Hospitality is 'an opening of horizons' as club members develop confidence, deep values, and skills for life.